

1. Implicit Bias operates automatically, unconsciously and unintentionally, impacting our judgment and behavior. Implicit Bias is also known as Unconscious Bias and \_\_\_\_\_:
2. Implicit Bias can occur in a variety of settings and situations and includes the following:
3. Racism: This belief usually involves the idea that \_\_\_\_\_ and \_\_\_\_\_
4. Institutional racism, Structural racism, and Systemic Racism are policies adopted or a system of government established that is associated with or was originated by the adopted policy to:
5. Racism is twice as likely to affect mental health than physical health and contributes to signs and symptoms associated with depression, stress, emotional distress plus \_\_\_\_\_
6. Gender/Sex discrimination may be accompanied by other forms of illegal discrimination including age, race and \_\_\_\_\_ -
7. LGBTQ+ people are \_\_\_\_\_ times more likely than non-LGBTQ+ people to be victims of violent hate crimes.
8. The FBI has difficulties in tracking and recording hate crime incidents in various states and cities since many law enforcement agencies in these locations:
9. Group Mentality is also known as:
10. Day to day situations brings us into contact with a variety of people and different scenarios. One of our primary, natural instincts is to \_\_\_\_\_
11. Staying current with the latest information regarding the massage therapy field can be accomplished a number of ways including:
12. Inclusive policies and practices which can be used in your massage office include:
13. Massage therapy helps to decrease the production of stress hormones such as adrenaline and
14. The following demographic of LGBTQ individuals are most likely to face challenges with discrimination or unfair treatment in their daily lives and while receiving healthcare