

Practice Quiz for Professional Ethics, Roles and Boundaries, 2 CE

Define “power differentials”?

- a. Authority figures in a relationship which oversee, manager or guide
- b. Being passed over for a promotion by someone less qualified than you
- c. Being physically stronger
- d. Having a strong difference of opinion

How is the term “boundary” defined in massage therapy?

- a. A space that creates both physical and psychological safety
- b. An imaginary line that separates counties within a city
- c. A border that distinguishes your neighbors’ property from your own
- d. A type of background check used by employers

What is considered a "boundary" in massage?

- a. Clothing
- b. Jewelry
- c. Cell phone
- d. All of the answers are correct

Where can a massage therapist learn about more about professional massage boundaries?

- a. State Massage Boards
- b. Local police department or business licensing office
- c. Professional Massage Therapy Organizations
- d. All the answers are correct

What would be a “non-verbal” clue that a client might display to show that they are uncomfortable during a massage session.

- a. Clients who continuous fidget on the massage table
- b. Client who talk excessively
- c. Clients who continuously lift their heads out of the face cradle
- d. All of the answers are correct

Why would a massage therapist offer “Emotional First Aid”?

- a. Because it provides safe intervention, easing a crisis at hand.
- b. In order to end a massage therapy session quickly.
- c. Allows the client an opportunity to reveal their true emotions.
- d. Allows the therapist and client to form a closer social bond.

Sexual misconduct encompasses a wide range of issues including:

- a. Issues of sex, power, control, shame and dominance
- b. Issues of fashion and money
- c. Issues of real estate ownership
- d. Issues of business partnership

In order to protect yourself legally as a massage therapist, be sure to:

- a. Carry liability insurance
- b. Have printed brochures for advertising purposes
- c. Be open for business on Saturday
- d. Offer local discounts to clients who live in the area

Spa owners should consider the following when hiring:

- a. Conducting Criminal Background Checks
- b. Contacting previous employers for references
- c. Have employees/contractors sign a form stating that they understand spa protocols
- d. All of the answers are correct

What are the different roles in the Drama Triangle?

- a. Victim, Rescuer and Persecutor
- b. Prosecutor, Lawyer, Judge
- c. Jury, Victim, Persecutor
- d. Bailiff, Victim, Rescuer